



National Hospice Foundation

Giving Matters

A newsletter of the National Hospice Foundation

SUMMER 2016

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Bob, pictured on the right, says, "We made many friends on this trip and stay in touch with some of them still." His wife, daughter, and son are also pictured in this photo.

A Little Goes a Long Way

NHF Profiles Donor Robert Clarke

It is clear that Bob Clarke, a longtime supporter of the National Hospice Foundation and NHPCO's international affiliate, Global Partners in Care, believes in the mission and vision of both organizations. In addition to giving monetarily to each for many years, he has traveled to Africa multiple times and has witnessed first-hand what a little support can do to help those who have limited access to resources.

Bob's introduction to hospice came at a young age. His father, a physician, would make house calls to patients, some who were experiencing end-of-life challenges. Bob would accompany his father on these trips and learned very quickly how important hospice support is to the patient and the family. His interest in Africa originated from his

children's involvement in humanitarian efforts in Kenya and Namibia. He and his family traveled to the continent and quickly became aware of the need for more resources, particularly in the area of healthcare. His strong interest in hospice and desire to help those where the need is great intersected, and his support for then FHSSA (now Global Partners in Care) and NHF began.

Bob is an avid supporter because he sees something unique in both organizations. "Here at NHF and NHPCO there are people who find meaning in their work and it's hard not to get fully engaged in the mission and values because you are affecting real people, every day."

The mission of Global Partners in Care, improving access to hospice and palliative care worldwide where the need is great and the resources are few, is something very close to Bob's heart. He says, "It's absolutely awe-inspiring how far a little can go – not just in money, but in compassion, and in partnership, and in friendship."

During one of his trips, Bob visited a small healthcare facility in rural Kenya – a concrete building with two 8x8 rooms and a small refrigerator containing medication, operational by propane. There were people sitting on the ground in the middle of a field, waiting to be seen by the healthcare worker. "That's the level of care that they experience or have and they could have so much more with a little bit of help," he says.

Bob reiterates that "you can make a difference with very little in the lives of people." We couldn't agree more!

About Bob Clarke

As Furst Group's founder and longtime CEO, Bob has lead the firm for over 30 years assisting its healthcare client partners through every phase of the talent life cycle, focusing on acquisition, development and retention of senior leadership.

Bob's passion has consistently been the provision of post-acute care with a special emphasis on hospice and palliative care. He currently is a member of the Advisory Counsel for Global Partners in Care (formerly known as FHSSA) and has recently served as a member of the board for the National Hospice Foundation.

He and Furst Group have assisted many of the country's leading hospices in providing new leadership during this period of transition from the pioneers and founders of the modern hospice movement, and he is proud to join with them in demonstrating the dignity, joy and community that should be at the heart of end-of-life care.

Furst Group recently launched NuBrick Partners, an affiliate company, to assist firms in leadership development.



Bob's family has taken several trips to Africa. Pictured are his daughter, Ashley; son, Nick; wife, Joanne; and Bob.

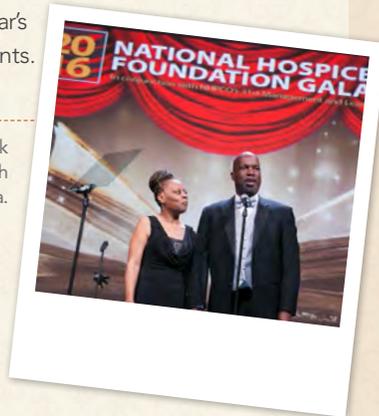
A Night to Remember!

Attendees of NHF Gala have opportunity to honor retiring NHPCO President & CEO, J. Donald Schumacher.

The National Hospice Foundation Gala was held Friday, April 22nd at the Gaylord National Resort & Convention Center in National Harbor, Maryland. The theme this year was "Moments of Life" – a fitting tribute to honor the many special and successful moments retiring NHPCO President & CEO, J. Donald Schumacher has had during his career in hospice care. Over 400 guests attended the event and approximately \$330,000 was raised to support the various programs of NHF. The live appeal, which benefited the "Moments of Life: Made Possible by Hospice" public awareness campaign netted \$60,000.

There were plenty of laughs, some tears, and a lot of dancing at this year's event! Below are a few photos that captured some great moments.

Andrea and Darryl Gladden took the stage to ask attendees to support "Moments of Life" which featured a story about their daughter, Deadra.



Anita Brikman was Mistress of Ceremonies.

If you attended the National Hospice Foundation Gala, you might have run into Downton Abbey's Dowager Countess and Lord Grantham (aka NHPCO's Senior Vice President Anita Brikman, and Executive Vice President and COO John Mastrojohn). Or maybe you rubbed elbows with Chicago Med actress and hospice advocate, Torrey DeVitto.



Guests enjoyed cocktails and hors d'oeuvres before the main event.



Dancing the night away!



This was a special evening and opportunity to honor J. Donald Schumacher.

There's still time to honor J. Donald Schumacher before he retires at the end of 2016

If you couldn't make it to the NHF Gala, you can still help us celebrate and honor Don, as he looks to the next chapter of his life.

We would love to have you to join us by sharing your stories to reflect on the legacy of a man who has dedicated his life to the work that we all share.

A donation of \$500 or \$1,000 will enable you to place an ad or story honoring Don into a book that will be presented as a gift from the NHPCO membership. This book will be a wonderful keepsake for Don to look back on.

Please join us in honoring J. Donald Schumacher in this very special way. Contact Joy Nguyen, at 703-647-5167 to learn more.

Thank You!

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For a full listing, please go to www.nationalhospicefoundation.org/gala

NHF Global Scholarship Challenge

Give today and double your impact!

As part of our mission to expand the availability of hospice and palliative care in Africa and globally, NHPCO affiliate Global Partners in Care has a special scholarship program to further the knowledge and skill of African nurses and social workers in the provision of palliative care.

Since the scholarship's start in 2011, 33 clinicians (nurses and social workers) from Kenya, Tanzania, Nigeria, South Africa, Malawi and Cameroon have benefited through formal training and/or attending conferences to enhance their knowledge and skills in hospice care.

NHF is helping fulfill a special challenge to give more nurses and social workers in Africa the opportunity to advance quality hospice care for patients and their families.

Pioneer, leader and compassionate friend to Global Partners in Care, Becky McDonald, left a legacy gift that will provide a 1:1 match up to \$15,000 until September 5. Becky's gift and yours will inspire others to give and help double the impact of your gift and this work!

To support a nurse or social worker in Africa, go to: Globalpartnersincare.org/becky

Samuel Truwa dispensing liquid morphine to patient with advanced cervical cancer as community volunteer looks on. (Lilongwe, Malawi)



LETTER OF GRATITUDE FROM SCHOLARSHIP RECIPIENT

My name is Samuel Truwa, a Palliative Care Nurse at Lighthouse in Malawi. I am one of the beneficiaries of APCA Palliative Care Education Scholarship and received a Diploma in Higher Education in Palliative Care at Oxford's Brookes University, United Kingdom in collaboration with Nairobi Hospice, Kenya.

The scholarship made me appreciate what palliative care can offer when curative interventions have failed in dealing with patients with life limiting illnesses. The palliative care knowledge and skills gained have made me relevant to current delivery of health care when more patients require palliation and symptom relief because of HIV/AIDS and cancer burden. I am now recognized as a palliative care nurse specialist who is consulted in case management. I have realized that holistic approach should be employed to meet patient's needs and multidisciplinary teams are key in delivery of quality palliative care. Team work is essential in palliative care. The involvement of patient and family in care management helps in decision making as they are informed. I now know that palliative care starts when the diagnosis of life threatening illness is made to bereavement. Quality of life is the goal of palliative care provision. The scholarship also helped me to network with palliative care providers within Africa and beyond.

Africa as a developing continent is least developed not only in infrastructure but also health delivery systems. The burden of HIV/AIDS and cancer is more enormous than any other continent. The demand for palliative care in Africa is high with the disease burden as there are more patients suffering from different life threatening illnesses and resources are limited. The trained practitioners can bring down the provider-patient ratio to accord more patient accessibility and reach all vulnerable populations in need of palliative care in Africa. The economic, political, sociological and cultural reasons hamper palliative care delivery and require advocacy to reverse the trend.



Samuel Truwa at Nairobi Hospice in Kenya.



**National Hospice
Foundation**

*Committed to compassionate
care at the end of life*

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Learn more about NHF at

www.nationalhospicefoundation.org



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